



What to Take to the Hospital - Checklist

Date created: _____

Name: _____

Here is a list of items you may want to bring for your hospital stay. Included are lists for the patient, family members, and friends. Do not bring jewelry, valuables, or large amounts of cash. Take only what you need.

Documents

- Driver's license or photo I.D.
- Health insurance card, Medicare card
- Manila envelope/folder to keep loose paperwork together
- Medical history, referrals, other necessary paperwork
- Paper, pens/pencils
- Phone book (family members, insurance company, doctors, etc.)
- Phone card, quarters (you may not be able to use your cell phone)

Comfort Items

- Book/Magazine
- Extra set of loose, comfy clothes (for when you leave the hospital)
- Extra pair of shoes (for when you leave the hospital)
- Family photos
- Favorite music/radio/mp3 player
- Hat for hair
- Large towel for showering (some hospitals only supply smaller ones)
- Mints, hard candy (to help with dry mouth)

Pillows

- Robe/pajamas (you may be walking the hallways)
- Slippers and socks
- Snacks (for you and your partner), water bottles
- Watch or travel clock

Toiletries

- Deodorant
- Eye glasses /contact cases and solution
- Hairbrush, comb, hair ties and clips
- Lip balm
- Make-up
- Massage oils or lotion, tennis balls (for massage)
- Necessary medications
- Shampoo/Conditioner
- Soap/body wash
- Toothbrush, toothpaste



Family Member/Friend

Extra set (or two) of comfy clothes

Eye glasses/contact cases and solution

Medications

Robe/Pajamas

Slippers

Quarters for phone calls, parking, and vending machines

Small amount of money to buy anything the patient might need

Snacks and beverages

Toiletries (shampoo, deodorant, toothbrush, toothpaste, etc.)

Notes: _____
